

# St. Alphonsus Youth Board College Mentor Packet

## **Instructions:**

Fill out the attached application, commitment form, and permission slip and drop it off to the Formation Office. You may also bring it to the information meeting.

## **Important Dates:**

Information Meeting: Tuesday, August 9<sup>th</sup> 7:00 PM in the Lighthouse  
Interviews: August 10 – 12  
Required Retreat: August 20 – 21



# St. Alphonsus Catholic Church

## 2016-2017 St. Alphonsus Youth Board/College Mentor

*“Let no one look down on you because of your youth, but set an example for those who believe in speech, conduct, love, faith, and purity.” - 1 Timothy 4:12*

### **What is it?**

The St. Alphonsus College Mentor Program is a year-long experience designed to help build Catholic Christian leadership skills and enhance personal and spiritual growth of the members of the Youth Board. College Mentors will serve as “coaches” who help support and encourage faith growth, nurture Christian leadership, accomplish pre-determined objectives, and build community. .

### **Who is eligible?**

Any college student who is currently active in the youth group and has a desire to grow and to help others, an openness to looking at his/her interactions with others, and a willingness to commit himself/herself and his/her time to the responsibilities associated with this ministry. In addition, applicants must be:

- Comfortable with and able to express and share their faith
- Free of problems with anger and is able to **accept all teens** whether friends or not
- Committed to the spiritual life of the church
- Able to commit the necessary time to this ministry

### **What is required of a peer minister?**

- Attend a training retreat on August 20 – 21, 2016
- Attends Sunday Mass at St. Alphonsus
- Attend Tuesday night youth nights regularly
- Work middle school nights on Thursdays
- Be involved in planning the high school retreat
- **Use of good judgment** in the choices you make as a role model to the Youth Board and Youth Group.
- Leading and participating in various activities around the church sponsored by the Youth Group.

### **What are the personal benefits for being a College Mentor?**

- Enhances personal, emotional and spiritual awareness.
- Provides training in the use of helping skills.
- Fosters development of positive interpersonal relationships between young persons and adults.
- Offers opportunities for support and faith sharing.

### **Skills Needed/Desired**

- Faith Witness
- Dependability
- Flexibility
- People Skills
- Organizational Abilities

# St. Alphonsus Youth Board 2016 – 2017 College Mentor Application

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

University/College: \_\_\_\_\_ College Level (16/17): \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_ Do you have a Youth Board Shirt? Y or N

Are you a practicing Catholic? Y or N

List and describe your **school** commitments (ex. extracurricular and sports):

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List and describe your **community and church** commitments (ex. dance, Boy Scouts, choir, etc):

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Why do you want to be on part of the St. Alphonsus College Mentor Program?

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What can you offer this program?

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# Faith and Life Profile

Describe your faith life. (ex. Do you pray daily? How do you pray? How often do you go to Church? Are you involved in the parish youth group?)

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Which Church teachings do you struggle to apply in your own life? (ex. reconciliation, participation in Mass, chastity, abstaining from drugs and alcohol, etc)

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What other experiences of this kind have you had? Have you ever lead retreats before? Please explain.

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Name some of your gifts that you would like to develop through the College Mentor Program. (ex. music, singing, artistic ability, acting, speaking/giving talks)

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In what areas do you need to be challenged to grow? (ex. speaking, planning, spiritually)

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If you were in the St. Alphonsus College Mentor Program last year, do you feel that there are improvements that you need to make? If yes, please explain.

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**List 5 Strengths**

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**List 5 Weaknesses**

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# St. Alphonsus College Mentor Program Commitment

Please read the following statements and write your initials in the blank provided to signify your commitment to each responsibility. Each statement begins with the following phrase: "*If I choose to be a member of the St. Alphonsus College Mentor Program..*

\_\_\_\_\_ I am committed to growing in my faith.

\_\_\_\_\_ I will be a positive leader.

\_\_\_\_\_ I would like to be held to very high standards of behavior, responsibility, and leadership.

\_\_\_\_\_ I will treat others with compassion and will strive in all my words and actions to love others unconditionally.

\_\_\_\_\_ I will be committed to attending all required youth group activities as well as volunteering for other activities as I am needed.

\_\_\_\_\_ I understand that my youth minister, Lynette Shaffett, **will expect more from me than from others** who are not in the College Mentor Program.

\_\_\_\_\_ I would like for my fellow College Mentors to hold me accountable for fulfilling all of my obligations as a peer minister and I understand that I may be no longer included in the peer ministry activities if I do not fulfill my obligations.

\_\_\_\_\_ I am committed to advancing the mission of St. Alphonsus Church.

\_\_\_\_\_ I have the courage necessary to stand up for the hard right against the easy wrong.

I would like to serve as a spiritual and moral leader for the St. Alphonsus Youth Group and Youth Board by being a member of the College Mentor Program. I commit myself to modeling my leadership after the example of Jesus Christ and will challenge my fellow College Mentors and Youth Board Members to do the same.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Youth Minister's Signature: \_\_\_\_\_

## **Youth Board Retreat**

All members of the 2016-2017 Youth Board and College Mentors Program are required to attend the Youth Board retreat. You must attend the retreat to be a member of the Youth Board or College Mentor

Date: Saturday, August 20-21, 2016

Time: 10:00 AM (Saturday) – 4:00 PM (Sunday)

Location: Tickfaw State Park

Cost: \$30

We will meet at the Lighthouse at 10:00 AM to go to Tickfaw State Park.

**OFFICE USE ONLY**

PAID: \_\_\_\_\_ CHECK# \_\_\_\_\_

INTL: \_\_\_\_\_ DEPOSIT: \_\_\_\_\_

**St. Alphonsus Youth Group  
Consent Form and Medical Release  
2016 - 2017**

**T-shirt size (adult) circle one**  
**Only if you need**

**S M L XL XXL**

Participant's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

DOB: \_\_\_/\_\_\_/\_\_\_ Church Parish: \_\_\_\_\_ Grade 2016 - 2017: \_\_\_\_\_ School: \_\_\_\_\_

Email Address: \_\_\_\_\_ Participant's Cell Phone \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Parent/Guardian Cell Phone #: \_\_\_\_\_

Emergency Name: \_\_\_\_\_ Emergency #: \_\_\_\_\_

I agree \_\_\_ I do not agree \_\_\_\_\_ to allow pictures of my child to be published by St. Alphonsus Church.

**Group Leaders- Lynette Shaffett & Kyle Cutrer**

**Medical Release**

We (I) are the parent(s) or legal guardian(s) of the participant, hereby grant permission for \_\_\_\_\_ to participate fully in the above activity and all of its undertakings, and hereby give our permission to take said participant to doctor or hospital and hereby authorize medical treatment, including, but not limited to, emergency surgery, and we, notwithstanding any question of liability involved in this emergency, fully and completely, assume responsibility for all medical bills. By signing this form we (I) understand that St. Alphonsus, the Youth Group/Board, or any agent/company associated with St. Alphonsus is not responsible for any injury sustained by my child I understand that this event is non refundable should participant decide not to or cannot attend event. **\*Please provide a copy of an insurance card for our records.**

Family Physician \_\_\_\_\_ Phone # \_\_\_\_\_ Allergies \_\_\_\_\_

Is there anything we should know about your child? (Physical, emotional, social) \_\_\_\_\_

X \_\_\_\_\_  
Parent Signature Date

**Behavioral Agreement**

The following rules and regulations have been set fourth and approved by the St. Alphonsus Youth Board to ensue the safety and meaningful retreat experience for each participant.

1. Proper attire must be worn at all times with no exceptions. T-Shirts with suggestive slogans, low cut shirts, midriff exposure, short shorts, shirt skirts, or see through clothing are not allowed.
2. Behavior of participants must reflect that of a good Christian role model.
3. All staff, chaperones, board members and others in charge must be treated with respect at all times.
4. Foul or inappropriate language is strictly and absolutely forbidden.
5. Inappropriate physical contact with anyone is not allowed. (NO PDA)
6. Respect must be shown to others and their property.
7. The use or possession of tobacco products, alcohol, or illegal drugs is forbidden.
8. Any and all medications (prescription) must be given to the head chaperone immediately before boarding the bus.
9. All rules set forth by the Diocese of Baton Rouge must be followed.
10. Any damage to hotel, retreat, private, or public facilities is the liability of the person involved and/or the parents of the minor involved.

Anyone witnessing someone not honoring the above rules is responsible for reporting them to one of the retreat's chaperones.

If a participant is caught not honoring the above rules, the following may take place: The parent/legal guardian will be contacted and asked to provide the participant with transportation home at that point at the cost of the parent with no exceptions. Participant should understand that this will limit the participation in future youth group activities.

**I have read the rules and discussed them with my son/daughter, and we agree to the conditions set forth by the youth board.**

X \_\_\_\_\_ Date \_\_\_\_\_ X \_\_\_\_\_ Date \_\_\_\_\_  
Participant's Signature Parent's Signature